



SNAP BENEFITS UPDATE

**This was issued by the NJ Department of Human Services
on Friday, November 7, 2025:**

New Jersey issued **full November 2025 Supplemental Nutrition Assistance Program (SNAP) benefits** to eligible households on the morning of **Friday, November 7**, following a federal court ruling.

SNAP recipients are encouraged to **check their Families First EBT cards** at NJFamiliesFirst.com or by calling **(800) 997-3333** to **confirm their balances** and **use their benefits as needed**.

SNAP benefits loaded on your Families First EBT card prior to **Oct. 31** remain available for use as well.

New Jersey continues to monitor developments and will continue to provide updates at NJSNAP.gov as needed. Additional assistance for SNAP households during the ongoing federal shutdown is available at NJ.gov/SNAPshutdown.