

DIABETES BOOTCAMP

JULY 13, 2025

9:00 a.m. - 3:00 p.m.



**Bilal Beasley
Community Center**

Directly across the street from 644
Lyons Avenue Irvington, NJ 07111



DIABETES AND YOU

LEARN TO MANAGE
SUGAR WITHIN YOUR
CULTURE AND
TRADITIONS



FREE Event Hosted by:

**The Essex County Office of
Public Health Management**



**Screenings,
Education and more!**

- A1C Tests
- Blood Pressure Tests
- Vision Tests
- Healthy Eating Education
- Social Support Resources
- Guidance To Lower Diabetes
- Costs
- Fresh Produce
- Healthy Snacking
- Local Community Businesses

SCAN QR CODE



For more information, contact:
info@diabetesfoundationinc.org



Joseph N. DiVincenzo, Jr., *Essex County Executive*
The Board of County Commissioners
The Essex County Office of Public Health Management
Putting Essex County's Health First

