

"National Park and Recreation Month is the perfect opportunity to highlight the beauty of our open spaces, the importance of recreation facilities and the positive impact they have on our wellness and quality of life. The area overlooking the Orange Reservoir provides a beautiful and unique spot to host a diverse lineup of activities to exercise, entertain and inspire you. We invite the public to celebrate with us and look forward to seeing you at our upcoming events"



Free

Events

Joseph N. DiVincenzo, Jr.

Joseph N. DiVincenzo, Jr., Essex County Executive and the Board of County Commissioners Invite You to

Essex County South Mountain Recreation Complex

Jellness on the Jaterfront

Essex County celebrates Parks and Recreation Month with free weekly activities at the Waterfront in Essex County South Mountain Reservation

Clipper Pavilion, Cherry Lane

Mondays Yoga for Adults: July 11, 18, 25; August 1, 8, 15 at 6:30pm

These classes are suitable for both beginners and seasoned yoga practitioners. Bring a yoga mat and dress comfortably. Classes are held rain or shine

Tuesdays Jammin' in July: July 5, 12, 19, 26; August 2, 9, 16 at 7pm

Elevate your Waterfront experience with music. The schedule is as follows:

July 5: Chatham Community Band July 12: West Orange Community Band July 19: Maplewood Concert Band July 26: Peter & The Master Key August 2: Apex Ensemble Monclair Orchestra August 9: Chris Barry Music August 16: Sterling Sample, Steel Drummer

| Putting Essex County First

Wednesdays ZOO-VIES: July 6, 13, 20, 27; August 3, 10, 17 - films begin at dusk

Movies under the stars on the rooftop of our Turtle Back Zoo parking deck. Bring your own lawn chair. Rain cancels. The location is at TBZ not the Clipper Pavilion. For a complete schedule, visit EssexCountyNJ.org

Thursdays Full Body Workout: July 7, 14, 21, 28 at 6:30pm

Join the group and get in shape!

FOR MORE INFORMATION VISIT www.essexcountynj.org

