

CONSEQUENCES

For resident/s that sexually assault or sexually harasses other residents

If found guilty, sanctions will be harsh.

You can be criminally charged under New Jersey Law.

- *Your supervision level will be reviewed and likely increased, which could mean a transfer to a higher security area/facility or be placed on significantly less movement and limited privileges.*

If you have trouble controlling your actions..

- *Seek help from mental health staff. Consider participating in programs designed to control anger or reduce stress.*

To reduce immediate feelings of aggression or anger:

1. *Try talking to or writing to a friend or someone close to you.*
2. *Meditate or do breathing exercises to relax.*
3. *Engage in some type of exercise.*
4. *Create a journal, write down your thoughts of aggression or stress.*

For Your Information

Sexual assault affects everyone, either directly or through the experiences of those we care about.

It is not only a women's issue as it can affect persons of any

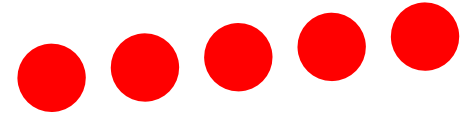
- *Gender*
- *Age*
- *Race*
- *Ethnic group*
- *Socioeconomic status*
- *Sexual orientation*
- *Disability.*

You Are Not Alone
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***It's Never too late
to Report Sexual Assault***

Published By: The ECJDC PREA Committee

Essex County Juvenile Detention Center



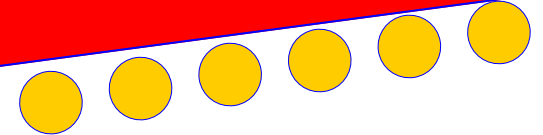
PREA

(Prison Rape Elimination Act)



AWA'RENESS

**Residents'
Information
Pamphlet**



Joseph N. DiVincenzo, Jr., Essex County Executive
And the Board of Chosen Freeholders
Putting Essex County First

DID YOU KNOW

- Sexual assault happens to females & males of all ages, from infancy to senior years.
- Sexual assault has nothing to do with the victim's present or future sexual orientation. Victims may be either heterosexual or homosexual
- A survivor is not at fault for the assault, even if she/he was in a secluded area or had previous consensual sex with the attacker.
- It is common for survivors of sexual assault to have feelings of embarrassment, anger, guilt, panic, depression and fear, even several months or years after the attack.
- Other common reactions include loss of appetite, nausea or stomach aches, headaches, loss of memory and/or trouble concentrating and changes in sleep patterns.

Prevention

Be aware of situations that make you feel uncomfortable. Trust your instincts. If it feels wrong, **Leave!**

- Don't let your manners get in the way of keeping yourself safe. Don't be afraid to say "**NO**" or "**STOP IT NOW!**"
- Walk and stand with confidence. Many offenders choose victims who look like they won't fight back or are emotionally weak.
- Avoid talking about sex and casual nudity. These things may be considered a come on or make another resident believe that you have an interest in a sexual relationship.
- Do not accept gifts or commissary items or favors from other residents. Placing yourself in debt to another resident can lead to the expectation of repaying the debt with sexual favors.
- Avoid secluded areas. Position yourself in plain view of staff members.
- If you are being pressured for sex, **report it to a supervisor immediately .**
Or call

NJ Coalition Against Sexual Assault

24-hour Hotline

1 (800) 601-7200

**False statements/allegations made are
Subject to disciplinary actions**

If You are Assaulted

The Attack Has Just Happened

1. Get to a safe place.
2. Report the attack to a staff member **IMMEDIATELY!!**
3. The longer you wait to report the attack, the more difficult it is to obtain the evidence necessary for a criminal and/or administrative investigation.
4. Request immediate medical attention.
5. Do not shower, brush your teeth, use the restroom or change your clothes. (You may destroy evidence.)
6. If you are a victim or witnessed an attack, but you are unwilling to report it to staff member, you can fill out a resident's grievance form.
7. Immediately submit the grievance form to the Tour Supervisor or place the completed form into the grievance box. Advocates will ensure to properly follow PREA reporting policy and procedure.

SAVE of Essex County

Rape Care Program

Family Service League, Inc.

24 Hotline: 1-877-733-[2273]

CARE