



For more NJ SNAP information  
visit [www.njsnap.org](http://www.njsnap.org)

Call toll-free 1-800-687-9512  
or call your County Board of Social Services:

|            |              |           |              |
|------------|--------------|-----------|--------------|
| Atlantic   | 609-348-3001 | Mercer    | 609-989-4320 |
| Bergen     | 201-368-4200 | Middlesex | 732-745-3500 |
| Burlington | 609-261-1000 | Monmouth  | 732-431-6000 |
| Camden     | 856-225-8800 | Morris    | 973-326-7800 |
| Cape May   | 609-886-6200 | Ocean     | 732-349-1500 |
| Cumberland | 856-691-4600 | Passaic   | 973-881-0100 |
| Essex      | 973-733-3000 | Salem     | 856-299-7200 |
| Gloucester | 856-582-9200 | Somerset  | 908-526-8800 |
| Hudson     | 201-420-3000 | Sussex    | 973-383-3600 |
|            | ext 2278     | Union     | 908-965-2700 |
| Hunterdon  | 908-788-1300 | Warren    | 908-475-6301 |

**Chris Christie**, *Governor*  
**Kim Guadagno**, *Lt. Governor*

New Jersey Department of Human Services  
Division of Family Development

*Produced by DHS Office of Publications (03/13)*

# NJ SNAP

*(formerly Food Stamps)*

## New Jersey's Supplemental Nutrition Assistance Program



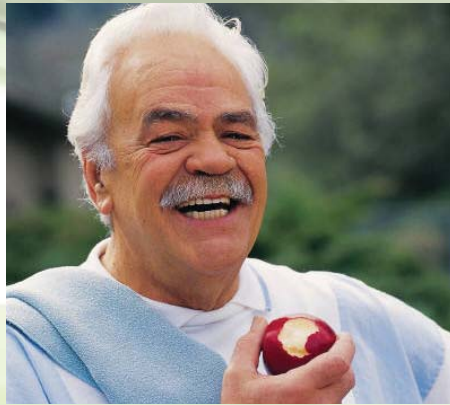
# New Jersey Supplemental Nutrition Assistance Program

## NJ SNAP

### What is *NJ SNAP*?

*NJ SNAP*, formerly Food Stamps, is the new name for the nutrition assistance program to help low-income individuals and families buy the groceries needed to eat healthy. The new name reflects program changes.

Sometimes people feel they shouldn't need help putting food on the table, but sometimes making ends meet is a struggle. If you are not sure how or if you can pay for your next meal or next week's groceries, *NJ SNAP* can help.



### How Can I Apply?

Go to [NJHelps.com](http://NJHelps.com) to pre-screen or to apply online. This is a quick and easy way to find out if you might be able to get help. With the online application, you will spend less time in the office for your interview.\* *NJ SNAP* benefits are issued through the easy-to-use "Families First" electronic benefits card.

*\* If you are unable to get to the county Board of Social Services due to illness or disability, you may send an authorized representative or request a telephone interview.*



### Who is Eligible ?

- Low-income working families and individuals
- Individuals that just lost their unemployment benefits
- Unemployed or part-time workers
- Seniors and people with disabilities and/or living on low or fixed incomes



### Did You Know?

- You might be eligible for *NJ SNAP* even if you own your home, have money in the bank, have a job, or own a car.
- If you are eligible for *NJ SNAP*, you may also qualify for heating assistance through the Low Income Home Energy Assistance Program (LIHEAP).

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